



Annual Report

2022-2023

**TOBACCO FREE FLORIDA
AHEC CESSATION PROGRAM**

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**REACH
STUDENT
PROGRAMS**

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**ACCESS
PROGRAM**

WELCOME



Gulfcoast South Area Health Education Center (GSAHEC) connects students to careers, professionals to communities and communities to better health. For more than 28 years, GSAHEC has fostered programs that educate and enhance the well-being of the communities we serve. The rich history of providing education to health professionals and students, training and supporting medical interpreters and community health workers, and inspiring and preparing youth to enter any one of the healthcare professions that our communities so desperately need, continues to be a source of pride and inspiration for the future.

Through our ACCESS Program, we offer medical interpreting training, cultural competency seminars, occupational Spanish classes, community health worker training and more. As part of the Tobacco Free Florida AHEC Cessation Program, we are the group cessation provider in our local counties, and provide a variety of trainings to healthcare providers and health professions students to assist them in helping their patients become tobacco-free. Finally, our REACH Student Programs help inspire students to choose a career in the health professions or care for underserved populations. Through education, we strive to fulfill our vision where every person has access to quality care.

Gulfcoast South AHEC is an organization to whom you can turn to provide education, support and inspiration for healthier communities. Our tagline, Promoting Community Health through Partnerships & Education, speaks to the importance of partnerships in the work we do. We plan to fortify our partnerships and good work for many years to come. Thanks to all for your support in helping us meet our mission!

Sincerely,

Chris/Ansley



Christine Coviello
Board Chair



Ansley Mora
Chief Executive Officer

Our Mission

To provide health education that improves the well-being of the communities we serve.

Our Vision

We envision healthy communities where every person has access to quality care.

Our Tagline

Promoting Community Health through Partnership & Education

TOBACCO FREE FLORIDA AHEC CESSATION PROGRAM

AHECs work in every county of the state to help reduce the use of tobacco by delivering effective evidence-based cessation services for tobacco users and training programs for health care professionals.

Providing Cessation Services to Tobacco Users

1,645 Cessation Attendees
352 Group Quit Sessions

Educating & Training Health Professions Students

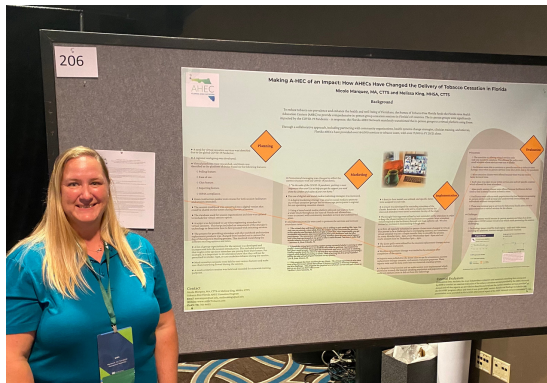
647 Health Professions Students
34 Trainings & Online Modules

Offering Continuing Education to Practicing Healthcare Professionals

302 Healthcare Providers
50 Trainings & Online Modules

Systems Change & Behavioral Health Initiatives

7 Systems Change Target Sites
15 Behavioral Health Programs
3 CareerSource Collaborators
A Multitude of Community-based, Healthcare and Business Partnerships



Testimonial:

"I have tried all the quick fixes from Wellbutrin and Chantix, to hypnosis and acupuncture. I was fortunate to go to many of the classes. I strongly recommend it. They provide patches as well as your choice of gum or lozenges for those creepy trigger moments. And each new class brought me greater understanding to be rid of cigarettes. I am done with the patches and occasionally use a piece of gum. Thank you for this program. I cannot recommend it enough." -Carrie T.

REACH STUDENT PROGRAMS



REACH Health Careers Presentations

43 Student Participants
69 Video Views

REACH Career Chats

187 Video Views

REACH Health Careers Camps

DeSoto Memorial Hospital & HCA Florida
Blake Hospital
25 Students Attended
Over 30 Health Careers Highlighted

REACH/HOSA Future Health Professionals Partnerships

30 Students Participated
Regional, State, & International Competitions

REACH Intern Program

6 Interns - 5 College & 1 High School
470 Total Hours

AHEC Scholars Program

Cohort 1 = 7 Completers
Cohort 2 = 11 Completers
Cohort 3 = 13 Completers
Cohort 4 = 10 Completers
Cohort 5 = 14 Participants



GSAHEC's REACH (Recruitment & Educational Assistance for Careers in Health) Student Programs inspire students to choose a career in the health professions or care for underserved populations. These programs help students learn from health professionals, increases their knowledge about healthcare, and motivates the students to develop effective short and long term educational career plans.

Testimonial:

"As excited as I am to begin my career in public health, I am sad my time at GSAHEC has come to a close. Coming in to the program as a masters student, I had a fair amount of education on an array of public health topics, but lacked experience. The REACH program provided a multitude of opportunities to gain hands-on training in various fields. A skill I developed throughout the program was my communication. GSAHEC works with various audiences, requiring adaptation of communication skills and styles into ones that are mindfully tailored. The program also really helped me to improve my networking skills. There was no shortage of opportunity to meet professionals in all areas public health. The internship at GSAHEC exceeded all expectations. The knowledge that I've gained in such a short span of time is immeasurable. I would highly recommend this program to other students!" - Meghan S.

ACCESS PROGRAM

Medical Interpreting Training

28 Participants
Three 40-Hour Trainings

Occupational Spanish Workshops

60 AHEC Scholars Participants
4 Virtual 10-Hour Trainings

Cultural Competency Trainings

150 Participants
AHEC Scholar Module

Community Health Worker Training

Florida AHEC Network Planning Initiatives



GSAHEC's ACCESS (Advanced Cultural Competence Education & Support Services) Program strives to reduce health disparities and liability risks by assisting local health and human services organization in providing effective care to linguistically and culturally diverse communities.

Testimonial:

"I enjoyed every bit of the training. Thank you so much for this opportunity. I feel gratitude for having you as my professor and for sharing your expertise in a professional and yet warm welcoming way. The GSAHEC Medical Interpreter Training was beyond my expectations for a 40 hours training. It is thorough, relevant, and yet easy to understand. The classes, books, videos and additional resources, were most helpful, and accessible. I will spread the word about this training and look forward to continue my career development as a Medical Interpreter in the near future." - Michelle F.

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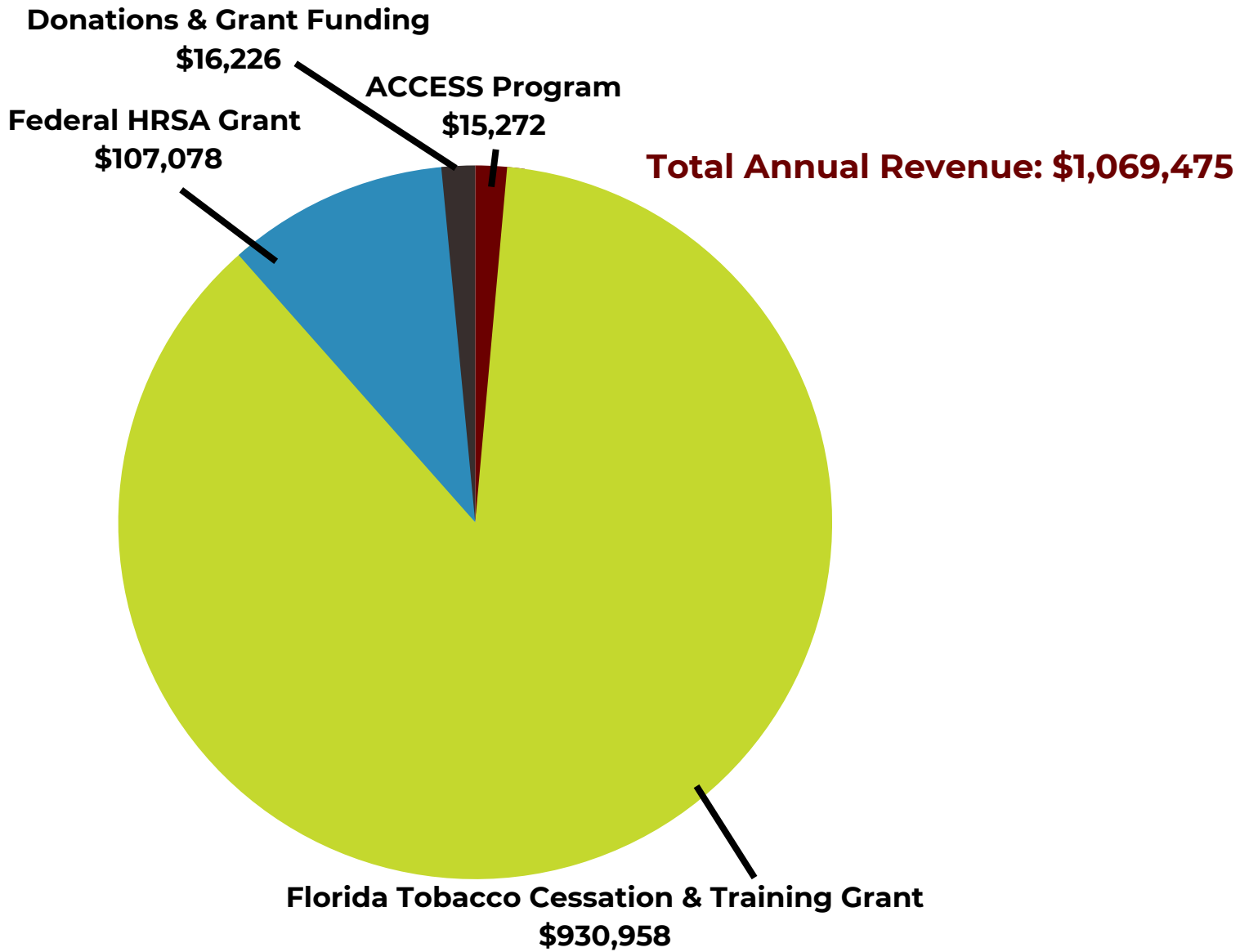
Nicole Marquez, MA, CTTS
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Heather Soucy, AS, TTS
Tobacco Cessation Specialist

Joelle Davis
Tobacco Program Assistant

ANNUAL INCOME





AHEC

GULFCOAST SOUTH
AREA HEALTH
EDUCATION CENTER

2201 Cantu Court, Suite 220
Sarasota, FL 34232
(941) 361-6602
www.gsahec.org

Charlotte | DeSoto | Manatee | Sarasota

